**GENRAL INFORMATION**

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| 1. | Name of the Trade : | **BEAUTY THERAPY& HAIR STYLING** |
|  |  | (Level-1) |
| 2. | NCO Code No. : |  |
| 3. | MES course code : | BEA 701 |
| 4. | Duration : | 500 Hours |
| 5. | Power Norms : | 4 kW |
| 6. | Space Norms : | 60 Sq.m. |
| 7. | Entry Qualification : | Passed 10th class Examination |
| 8. | Unit Size(No. of Student) : | 20 |
| 9. | Instructor’s/Trainer’s qualification: | Graduate with the five years |

of experience in relevant field, CIDESCO/CIBTAC/City &

Guilds/ITEC, Certificate from a government recognized institute.

10. Exit Level : Successful candidates would

Be able to work as Beauty therapist, Facial therapist, Make Artist & Hair stylist.

**DRAFT SYLLABUS FOR BEAUTY & HAIR STYLING LEVEL -1 (MES)**

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| **No.of hrs.** | **Theory** | **Practical** |
| **Th- 8 hrs****Pr- 16 hrs** | **Personality Development** Personal Grooming Hygiene Rules Professional Ethics Communication Skills |  Group Discussion. Personal Grooming for professional |
| **Th-6 hrs****Pr- 8 hrs** | **Sterilization & Sanitization** Purpose Methods Safety Precaution /do’s & don’ts |  Trolley setting Practice in using of all equipments use for sterilizing & sanitizing |
| **Th-6 hrs****Pr- 24 hrs** | **Manicure & Pedicure** Definition Purpose Selection of Tools & Equipments Product knowledge Procedure Safety Precautions/do’s & don’ts Contra indications Contra-actions After care/Home care |  Trolley setting Client consultation Practice for Manicure & Pedicure |
| **Th-6 hrs****Pr- 24 hrs** | Temporary removal of Superfluous hair• Hair growth cycle• Purpose of removing superfluous hair.• Definition and Methods ofEpilation and Depilation• Product Knowledge• Allergy test• Client consultation• Procedure• Contra-actions• Contra-indications• Safety precautions/Do’s & Dont’s.• After care/home care | • Trolley setting• Client consultation• Allergy test procedure• Practice in waxing-hot , cold & warm wax• Practice by chemical depilation method |

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| **Th-6 hrs****Pr- 24 hrs** | Threading, Tweezing and Bleaching• Purpose• Definition• Types and methods• Client consultation• Product knowledge• Patch test• Procedure• Contra-actions• Contra-indications• Safety precautions/Do’s & Dont’s.• After care/Home care | • Trolley setting• Client consultation• Practice of eyebrow shaping, upper lip, chin & forehead by threading and tweezing method• Patch test procedure• Bleaching procedure |
| **Th-3 hrs****Pr- 32 hrs** | **Basic Hair Styling** Purpose Selection of tools , equipments&cosmetics Client consultation Knowledge of Hair Styling techniques asa) Rollsb) Twisting c) Braidingd) Curls Safety Precautions After care |  Trolley setting Client draping Practice of making different types of hair styles with the use of hair accessories |
| **Th- 6 hrs****Pr- 56 hrs** | **Thermal Hair Styling** Purpose Selection of tools , equipments&cosmetics Client consultation Types of thermal styling equipments as -a) Hair dryerb) Crimping rodsc) Straightening rods d) Electric rollerse) Curling rods. Safety Precaution / Do’s & don’ts After care |  Trolley setting Client draping Practice in making different hair styles with the use of different thermal equipments. |
| **Th- 8 hrs****Pr- 60 hrs** |   **Basic Make-up & Bindi Designing** Purpose Selection of Tools Color theory |  Trolley setting Client draping Practice in different types of Make-Ups. |

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|  |  Client consultation Recognisation of types of skin Selection of correct colors, correct cosmetic. Types of Make-Ups a) DayMake-Upsb) EveningMake-Upsc) Bridal make- up. Application Techniques Safety Precautions/ Do’s & don’ts After care |  Practice in different types of BindiDesigning. |
| **Th-6 hrs****Pr- 57 hrs** | **Facials** Meaning of Massage Techniques of Massage Benefits of Massage Selection of Tools & Equipments Recogniziation of types of skin a) Oilyb) Dryc) Combinationd) Normal skin. Procedure according to skin type. Safety Precautions/ Do’s & don’ts After care. |  Trolley arrangement. Practice in giving facials according to types of skin |
| **Th-6 hrs****Pr- 10 hrs** | **Scalp Massage, Shampooing/Conditioning,****Rinsing** Purpose Client consultation Scalp analysis Knowledge of different gadgets for scalp treatment Product knowledge Scalp Manipulations Benefits Safety Precaution / Do’s & don’ts After care. |  Trolley setting Client Draping Scalp Analysis Procedure of giving aShampoo, conditioner& Rinsing. Scalp manipulations Practice in uses of gadgets as-High frequency, Infra Red Lamp, Scalp Steamer for treatment of hair & scalp. |
| **Th- 08hrs****Pr- 56 hrs** | **Hair Cuts** Hair texture. Sectioning. Facial shapes |  Trolley setting Client draping Practice in all types of basic haircuts. |

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|  |  Hair cutting techniques Elevation Selection of tools &equipments Product knowledge Client consultation Knowledge of types of basic haircuts as- a) One Lengthb) ‘U’ cutc) Blunt cutd) Forward Layering e) Square Layerf) Fringes Safety Precautions Precaution / Do’s &don’ts After care. |  |
| **Th-03 hrs****Pr- 36 hrs** | **Natural Hair Pack** Purpose Classification Client consultation Procedure Safety Precautions/ Do’s & don’ts After care |  Trolley setting Client draping Practice in applying Natural Hair Pack (Henna) |
| **25 hrs** |  |  Market Survey Project Work |

**Note :-** Sterilization of tools & hand sanitization should be practised in each practical.

**Standard list of tools & equipments per station for two trainees**

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| **S. No.** | **Description** | **Qty.** |
| **Hair** |
| 1 | Barber Scissors | 1 No |
| 2 | Thinning Scissors | 1 No |
| 3 | Velcro Rollers ( Large, medium, & small) | 1 dz.each |
| 4 | Perm rollers ( Star Perm, Ladder Perm, spiral rods,Chop sticks, Wooden rollers (different sizes Small, medium, large) | 1 dz. Each |
| 5 | Manual Razor | 1 No |
| 6 | Dust Brush | 1 No |
| 7 | Swiggle | 1 No |
| 8 | Dye Brush | 1 No |
| 9 | Back View Mirror | 1 No |
| 10 | Cutting sheet | 1 No |
| 11 | Dye Bowl | 1 No |

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| 12 | Professional Hair Brushes set | 1 set |
| 13 | Scalp steamer | 1 No |
| 14 | Hot Rollers | 1 Set |
| 15 | Dummy head on stand with slipon | 1 No |
| 16 | Dryer | 1 No |
| 17 | Crimper | 1 no for 5 stations |
| 18 | Mirror Panel | 1 No. |
| 19 | Styling Chair (multipurpose for hair & beauty services) | 1 No. |
| 20 | Shampoo Station with chair | 1 no for 5 stations |
| 21 | Hair Trolley | 01 No. |
| 22 | Ceramic Straightening Iron | 1 No. |
| 23 | Curling Rods with attachments | 1 no for 5 stations |
| 24 | Neck Tray (for perming) | 1 No. |
| 25 | Rebonding Boards | 1 No. |
| 26 | Benders | 1 dz. |
| 27 | Hood Dryer | 1 no for 5 stations |
| 28 | Gloves (Latex) | 1 no for 5 stations |
| **Skin** |
| 1 | Magnifying lamp | 1 No |
| 2 | Vapozone | 1 No |
| 3 | Beauty Studio (Ultrasonic/Galvanic/High Frequency,Brushing unit, Vacuum & Spray) | 1 No |
| 4 | High frequency\* | 1 No |
| 5 | Infra red Lamp | 1 No |
| 6 | Wax heater | 1 No |
| 7 | Beauty Trolleys | 1 No. |
| 8 | Facial Bed | 1 No. |
| 9 | Manicure Bowls | 1 No |
| 10 | Pedi spa tub | 1 No |
| 11 | Pedicure Foot Bath | 02 No. |
| 12 | Manicure stools | 1 no. |
| 13 | Manicure table | 1 No. |
| 14 | Pedi stool | 1 No. |
| 15 | Manicure Trolley | 1 No. |
| **Lab** |
| 1 | Dry Sterilizer (Ultra Violet) | 1 no for 5 stations |
| 2 | Boiler | 01 No. |
| 3 | Front wash Basin | 1 no for 5 stations |
| 4 | Curtain/Blinds for Lab | As required |
| 5 | Blanket | 1 No |
| 6 | Hot towel cabinet | 1 no for 5 stations |
| 7 | Computer system with Internet facility & Printer | 01 No. |
| 8 | Computer Table | 01 No. |
| 9 | Heat Convector | 04 No. |
| 10 | Air conditioner split 2 ton with stabilizer | As Required |
| 11 | Student Lockers | 1 per student |
| 12 | Refrigerator | 1 No. |
| 13 | Almirah | 1 no for 5 stations |
| 14 | Teacher’s Chair and table set | 1 No. |
| 15 | Black head remover | 1 No. |

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| 16 | Display board (minimum 3X4 feet size) | As Required |
| 17 | Wet Sterilizer | 1 no for 5 stations |

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| **TRAINEE’S PERSONAL KIT** |
| **S.No.** | **Description** | **Qty.** |
| 1 | Tail comb | 01 each |
| 2 | Style Comb | 01 each |
| 3 | Open teeth tail comb | 01 each |
| 4 | Small Bowl | 02 each |
| 5 | Facial Band | 02 each |
| 6 | Spray bottle | 01 each |
| 7 | Nail File | 01 each |
| 8 | Nail Cutter | 01 each |
| 9 | Plain Switches | 01 each |
| 10 | Switch Stand | 01 each |
| 11 | Personal Towel (Medium) | 02 No. |
| 12 | Napkin | 02 No. |
| 13 | Hair Accessories | As required |
| 14 | Make-up Brush | 01 each |
| 15 | Pack & Bleach Brush | 01 each |
| 16 | Wax applicator | 01 each |
| 17 | Braid | 01 each |
| 18 | Bob Pins | As required |
| 19 | Juda Pins | As required |
| 20 | Setting clips | As required |
| 21 | Lab Coat | 01 each |
| 22 | Manicure Set | 01 each |
| 23 | Pedicure Set | 01 each |

Note :-

 Sterilization of tools & hand sanitization should be practised in each practical.

 Services of guest speakers (Yoga Instructor/Soft Skills Speaker will be taken for relevant subjects like Yoga & Communication Skills etc).

 Note: Above mentioned items are for a batch of 20 trainees, in case VTPs are intend to start with the batch 10 trainees the requirements would be reduced accordingly.

 **SYLLABUS**

FOR

**MODULAR EMPLOYABLE SKILLS**

(MES)

**GENRAL INFORMATION**

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| 11. | Name of the Trade : | **BRIDAL MAKE-UP ARTIST** |
| 12. | **MES course code :** | **BEA 705** |
| 13. | NCO Code No. : |  |
| 14. | Duration : | 300 Hours |
| 15. | Power Norms : | 4 kW |
| 16. | Space Norms : | 40 Sq.m. |
| 17. | Entry Qualification : | Passed 08th class |

Examination

18. Unit Size(No. of Student) : 20

19. Instructor’s/Trainer’s qualification: Graduate with the five years of experience in relevant field, CIDESCO/CIBTAC/City & Guilds/ITEC, Certificate from a government recognized institute.

20. Exit Level : Successful candidates would

be able to work as special make-up artist.

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| **No.of Hrs.** | **Theory** | **Practical** |
| **Th-2****Pr- 28** | **Basic Introduction** Bridal make-up as a career Hygiene Preparation of skin for make- up Skin & Hair analysis Care of hands & feets Makeup Consultation Chart Safety precautions/ Do’s &don’ts |  Client consultation Trolley setting Skin & Hair analysis procedure Prep(preparation) of skin in CTMprocedure Makeup Consultation chart |
| **Th- 2****Pr- 8** | **Make-up fundamentals** Color theory Application techniques Face & eyes shapes Effects of lights on make-up Tools & different types of make-up brushes knowledge Product knowledge Makeup format |  Trolley setting Client consultation Care of tools & brushes Practice in color blending |
| **Th- 2****Pr- 30** | **Introduction to bridal make-up** Purpose Types**a)** Traditional brides**b)** Contemporary brides Skin tone knowledge Safety precautions/ Do’s &don’ts Before & After care |  Practice in applying foundations, concealers & base colors according to skin tones |
| **Th- 8****Pr- 128** | **Traditional & Contemporary****Brides** Purpose , History & definition Modern& traditional bridal looks knowledge Color selection Camouflage techniques Highlighting & contouring Smokey eyes, Arabian eyes, glitters & lip color knowledge Individual eyelash application Contemporary eye make-up, lip color selections Safety precautions/ Do’s &don’ts Removal of makeup |  Trolley setting Client consultation Skin & hair analysis application techniques Practice in traditional bridal make-up Practice in contemporary bridal make-up Practice in highlighting, contouring , smokey & glittery eyes, Arabian eyes, lip colors, blushers & bronzers applicationtechniques Practice in individual eyelashes application Practice in bridal hair styling, |

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|  |  | jewellery setting, saree drapingand dupatta setting according to traditional & Contemporary looks. |
| **Th- 4****Pr- 64** | • Selection of implements• Practice in different types of traditional hair styling techniques:-• Rolls• Braids• Interlocks• Twisting styles• Practice in different types of hair styling :-• Thermal styling• Wet styling• Roller Setting• Artificial Aids | Hair Styling• Types of hairstyling a)Thermal styling b)Wet styling c)Roller Setting d)Artificial Aids• Thermal Styling• Blow drying procedure• Ironing/Crimping procedure• Tongs procedure• Wet styling• Pin curls procedure• Finger waving procedure• Roller setting• Hot rollers• Velcro• Benders• Artificial Aids• Hair pieces• Switches• Accessories (Natural& Artificial)• Cleaning & maintaining of artificial aids |
| **Pr- 12** | **Saree & Dupatta Draping** 7 Styles (Bengali, Gujrati, Punjabi, Muslim,Maharashtrian, Fancy, SouthIndian) |  |
| **Pr- 12** |  | **Bindi Designing** Practice in different types of bindi designs according to :-**a)** Traditional brides**b)** Asian brides**c)** Contemporary brides |

Note :- Sterilization of tools & hand sanitization should be practised in each practical.

**Tools & equipments lists**

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| **S.no** | **Name of item** | **Quantity** |
| 1 | Make-up chairs | 10 Nos. |
| 2 | Mirror panels with makeup lights | 10 Nos. |
| 3 | Back view mirrors | 10 Nos. |
|  | **Personal Kits** |  |
| 1 | Make-up brush set | 1 No. |
| 2 | Mixing pallet | 1 No. |
| 3 | Eyelash curlers | 1 No. |
| 4 | Small manicure scissors | 1 No. |
| 5 | Tweezers | 1 No. |
|  | Products: |  |
|  | Different formats of Base , Eye Makeup& Lip Makeup. |  |

Note: Above mentioned items/Area are for a batch of 20 trainees, in case VTPs are intend to start with the batch 10 trainees the requirements would be reduced accordingly.