

**GENRAL INFORMATION**

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| 1. | Name of the Trade : | **BEAUTY THERAPY& HAIR STYLING** |
|  |  | (Level-1) |
| 2. | NCO Code No. : |  |
| 3. | MES course code : | BEA 701 |
| 4. | Duration : | 500 Hours |
| 5. | Power Norms : | 4 kW |
| 6. | Space Norms : | 60 Sq.m. |
| 7. | Entry Qualification : | Passed 10th class Examination |
| 8. | Unit Size(No. of Student) : | 20 |
| 9. | Instructor’s/Trainer’s qualification: | Graduate with the five years |

of experience in relevant field, CIDESCO/CIBTAC/City &

Guilds/ITEC, Certificate from a government recognized institute.

10. Exit Level : Successful candidates would

Be able to work as Beauty therapist, Facial therapist, Make Artist & Hair stylist.

**DRAFT SYLLABUS FOR BEAUTY & HAIR STYLING LEVEL -1 (MES)**

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| **No.of hrs.** | **Theory** | **Practical** |
| **Th- 8 hrs**  **Pr- 16 hrs** | **Personality Development**   Personal Grooming   Hygiene Rules   Professional Ethics   Communication Skills |  Group Discussion.   Personal Grooming for professional |
| **Th-6 hrs**  **Pr- 8 hrs** | **Sterilization & Sanitization**   Purpose   Methods   Safety Precaution /do’s & don’ts |  Trolley setting   Practice in using of all equipments use for sterilizing & sanitizing |
| **Th-6 hrs**  **Pr- 24 hrs** | **Manicure & Pedicure**   Definition   Purpose   Selection of Tools & Equipments   Product knowledge   Procedure   Safety Precautions/do’s & don’ts   Contra indications   Contra-actions   After care/Home care |  Trolley setting   Client consultation   Practice for Manicure & Pedicure |
| **Th-6 hrs**  **Pr- 24 hrs** | Temporary removal of Superfluous hair  • Hair growth cycle  • Purpose of removing superfluous hair.  • Definition and Methods of  Epilation and Depilation  • Product Knowledge  • Allergy test  • Client consultation  • Procedure  • Contra-actions  • Contra-indications  • Safety precautions/Do’s & Dont’s.  • After care/home care | • Trolley setting  • Client consultation  • Allergy test procedure  • Practice in waxing-  hot , cold & warm wax  • Practice by chemical depilation method |

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| **Th-6 hrs**  **Pr- 24 hrs** | Threading, Tweezing and Bleaching  • Purpose  • Definition  • Types and methods  • Client consultation  • Product knowledge  • Patch test  • Procedure  • Contra-actions  • Contra-indications  • Safety precautions/Do’s & Dont’s.  • After care/Home care | • Trolley setting  • Client consultation  • Practice of eyebrow shaping, upper lip, chin & forehead by threading and tweezing method  • Patch test procedure  • Bleaching procedure |
| **Th-3 hrs**  **Pr- 32 hrs** | **Basic Hair Styling**   Purpose   Selection of tools , equipments&  cosmetics   Client consultation   Knowledge of Hair Styling techniques as  a) Rolls  b) Twisting c) Braiding  d) Curls   Safety Precautions   After care |  Trolley setting   Client draping   Practice of making different types of hair styles with the use of hair accessories |
| **Th- 6 hrs**  **Pr- 56 hrs** | **Thermal Hair Styling**   Purpose   Selection of tools , equipments&  cosmetics   Client consultation   Types of thermal styling equipments as -  a) Hair dryer  b) Crimping rods  c) Straightening rods d) Electric rollers  e) Curling rods.   Safety Precaution / Do’s & don’ts   After care |  Trolley setting   Client draping   Practice in making different hair styles with the use of different thermal equipments. |
| **Th- 8 hrs**  **Pr- 60 hrs** |   **Basic Make-up & Bindi Designing**   Purpose   Selection of Tools   Color theory |  Trolley setting   Client draping   Practice in different types of Make-Ups. |

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|  |  Client consultation   Recognisation of types of skin   Selection of correct colors, correct cosmetic.   Types of Make-Ups a) DayMake-Ups  b) EveningMake-Ups  c) Bridal make- up.   Application Techniques   Safety Precautions/ Do’s & don’ts   After care |  Practice in different types of Bindi  Designing. |
| **Th-6 hrs**  **Pr- 57 hrs** | **Facials**   Meaning of Massage   Techniques of Massage   Benefits of Massage   Selection of Tools & Equipments   Recogniziation of types of skin a) Oily  b) Dry  c) Combination  d) Normal skin.   Procedure according to skin type.   Safety Precautions/ Do’s & don’ts   After care. |  Trolley arrangement.   Practice in giving facials according to types of skin |
| **Th-6 hrs**  **Pr- 10 hrs** | **Scalp Massage, Shampooing/Conditioning,**  **Rinsing**   Purpose   Client consultation   Scalp analysis   Knowledge of different gadgets for scalp treatment   Product knowledge   Scalp Manipulations   Benefits   Safety Precaution / Do’s & don’ts   After care. |  Trolley setting   Client Draping   Scalp Analysis   Procedure of giving a  Shampoo, conditioner  & Rinsing.   Scalp manipulations   Practice in uses of gadgets as-High frequency, Infra Red Lamp, Scalp Steamer for treatment of hair & scalp. |
| **Th- 08hrs**  **Pr- 56 hrs** | **Hair Cuts**   Hair texture.   Sectioning.   Facial shapes |  Trolley setting   Client draping   Practice in all types of basic haircuts. |

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|  |  Hair cutting techniques   Elevation   Selection of tools &equipments   Product knowledge   Client consultation   Knowledge of types of basic haircuts as- a) One Length  b) ‘U’ cut  c) Blunt cut  d) Forward Layering e) Square Layer  f) Fringes   Safety Precautions Precaution / Do’s &  don’ts   After care. |  |
| **Th-03 hrs**  **Pr- 36 hrs** | **Natural Hair Pack**   Purpose   Classification   Client consultation   Procedure   Safety Precautions/ Do’s & don’ts   After care |  Trolley setting   Client draping   Practice in applying   Natural Hair Pack (Henna) |
| **25 hrs** |  |  Market Survey   Project Work |

**Note :-** Sterilization of tools & hand sanitization should be practised in each practical.

**Standard list of tools & equipments per station for two trainees**

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| **S. No.** | **Description** | **Qty.** |
| **Hair** | | |
| 1 | Barber Scissors | 1 No |
| 2 | Thinning Scissors | 1 No |
| 3 | Velcro Rollers ( Large, medium, & small) | 1 dz.each |
| 4 | Perm rollers ( Star Perm, Ladder Perm, spiral rods,  Chop sticks, Wooden rollers (different sizes Small, medium, large) | 1 dz. Each |
| 5 | Manual Razor | 1 No |
| 6 | Dust Brush | 1 No |
| 7 | Swiggle | 1 No |
| 8 | Dye Brush | 1 No |
| 9 | Back View Mirror | 1 No |
| 10 | Cutting sheet | 1 No |
| 11 | Dye Bowl | 1 No |

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| 12 | Professional Hair Brushes set | 1 set |
| 13 | Scalp steamer | 1 No |
| 14 | Hot Rollers | 1 Set |
| 15 | Dummy head on stand with slipon | 1 No |
| 16 | Dryer | 1 No |
| 17 | Crimper | 1 no for 5 stations |
| 18 | Mirror Panel | 1 No. |
| 19 | Styling Chair (multipurpose for hair & beauty services) | 1 No. |
| 20 | Shampoo Station with chair | 1 no for 5 stations |
| 21 | Hair Trolley | 01 No. |
| 22 | Ceramic Straightening Iron | 1 No. |
| 23 | Curling Rods with attachments | 1 no for 5 stations |
| 24 | Neck Tray (for perming) | 1 No. |
| 25 | Rebonding Boards | 1 No. |
| 26 | Benders | 1 dz. |
| 27 | Hood Dryer | 1 no for 5 stations |
| 28 | Gloves (Latex) | 1 no for 5 stations |
| **Skin** | | |
| 1 | Magnifying lamp | 1 No |
| 2 | Vapozone | 1 No |
| 3 | Beauty Studio (Ultrasonic/Galvanic/High Frequency,  Brushing unit, Vacuum & Spray) | 1 No |
| 4 | High frequency\* | 1 No |
| 5 | Infra red Lamp | 1 No |
| 6 | Wax heater | 1 No |
| 7 | Beauty Trolleys | 1 No. |
| 8 | Facial Bed | 1 No. |
| 9 | Manicure Bowls | 1 No |
| 10 | Pedi spa tub | 1 No |
| 11 | Pedicure Foot Bath | 02 No. |
| 12 | Manicure stools | 1 no. |
| 13 | Manicure table | 1 No. |
| 14 | Pedi stool | 1 No. |
| 15 | Manicure Trolley | 1 No. |
| **Lab** | | |
| 1 | Dry Sterilizer (Ultra Violet) | 1 no for 5 stations |
| 2 | Boiler | 01 No. |
| 3 | Front wash Basin | 1 no for 5 stations |
| 4 | Curtain/Blinds for Lab | As required |
| 5 | Blanket | 1 No |
| 6 | Hot towel cabinet | 1 no for 5 stations |
| 7 | Computer system with Internet facility & Printer | 01 No. |
| 8 | Computer Table | 01 No. |
| 9 | Heat Convector | 04 No. |
| 10 | Air conditioner split 2 ton with stabilizer | As Required |
| 11 | Student Lockers | 1 per student |
| 12 | Refrigerator | 1 No. |
| 13 | Almirah | 1 no for 5 stations |
| 14 | Teacher’s Chair and table set | 1 No. |
| 15 | Black head remover | 1 No. |

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| 16 | Display board (minimum 3X4 feet size) | As Required |
| 17 | Wet Sterilizer | 1 no for 5 stations |

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| **TRAINEE’S PERSONAL KIT** | | |
| **S.No.** | **Description** | **Qty.** |
| 1 | Tail comb | 01 each |
| 2 | Style Comb | 01 each |
| 3 | Open teeth tail comb | 01 each |
| 4 | Small Bowl | 02 each |
| 5 | Facial Band | 02 each |
| 6 | Spray bottle | 01 each |
| 7 | Nail File | 01 each |
| 8 | Nail Cutter | 01 each |
| 9 | Plain Switches | 01 each |
| 10 | Switch Stand | 01 each |
| 11 | Personal Towel (Medium) | 02 No. |
| 12 | Napkin | 02 No. |
| 13 | Hair Accessories | As required |
| 14 | Make-up Brush | 01 each |
| 15 | Pack & Bleach Brush | 01 each |
| 16 | Wax applicator | 01 each |
| 17 | Braid | 01 each |
| 18 | Bob Pins | As required |
| 19 | Juda Pins | As required |
| 20 | Setting clips | As required |
| 21 | Lab Coat | 01 each |
| 22 | Manicure Set | 01 each |
| 23 | Pedicure Set | 01 each |

Note :-

 Sterilization of tools & hand sanitization should be practised in each practical.

 Services of guest speakers (Yoga Instructor/Soft Skills Speaker will be taken for relevant subjects like Yoga & Communication Skills etc).

 Note: Above mentioned items are for a batch of 20 trainees, in case VTPs are intend to start with the batch 10 trainees the requirements would be reduced accordingly.

**SYLLABUS**

FOR

**MODULAR EMPLOYABLE SKILLS**

(MES)

**GENRAL INFORMATION**

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| 11. | Name of the Trade : | **BRIDAL MAKE-UP ARTIST** |
| 12. | **MES course code :** | **BEA 705** |
| 13. | NCO Code No. : |  |
| 14. | Duration : | 300 Hours |
| 15. | Power Norms : | 4 kW |
| 16. | Space Norms : | 40 Sq.m. |
| 17. | Entry Qualification : | Passed 08th class |

Examination

18. Unit Size(No. of Student) : 20

19. Instructor’s/Trainer’s qualification: Graduate with the five years of experience in relevant field, CIDESCO/CIBTAC/City & Guilds/ITEC, Certificate from a government recognized institute.

20. Exit Level : Successful candidates would

be able to work as special make-up artist.

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| **No.of Hrs.** | **Theory** | **Practical** |
| **Th-2**  **Pr- 28** | **Basic Introduction**   Bridal make-up as a career   Hygiene   Preparation of skin for make- up   Skin & Hair analysis   Care of hands & feets   Makeup Consultation Chart   Safety precautions/ Do’s &  don’ts |  Client consultation   Trolley setting   Skin & Hair analysis procedure   Prep(preparation) of skin in CTM  procedure   Makeup Consultation chart |
| **Th- 2**  **Pr- 8** | **Make-up fundamentals**   Color theory   Application techniques   Face & eyes shapes   Effects of lights on make-up   Tools & different types of make-up brushes knowledge   Product knowledge   Makeup format |  Trolley setting   Client consultation   Care of tools & brushes   Practice in color blending |
| **Th- 2**  **Pr- 30** | **Introduction to bridal make-up**   Purpose   Types  **a)** Traditional brides  **b)** Contemporary brides   Skin tone knowledge   Safety precautions/ Do’s &  don’ts   Before & After care |  Practice in applying foundations  , concealers & base colors according to skin tones |
| **Th- 8**  **Pr- 128** | **Traditional & Contemporary**  **Brides**   Purpose , History & definition   Modern& traditional bridal looks knowledge   Color selection   Camouflage techniques   Highlighting & contouring   Smokey eyes, Arabian eyes, glitters & lip color knowledge   Individual eyelash application   Contemporary eye make-up, lip color selections   Safety precautions/ Do’s &  don’ts   Removal of makeup |  Trolley setting   Client consultation   Skin & hair analysis   application techniques   Practice in traditional bridal make-up   Practice in contemporary bridal make-up   Practice in highlighting, contouring , smokey & glittery eyes, Arabian eyes, lip colors, blushers & bronzers application  techniques   Practice in individual eyelashes application   Practice in bridal hair styling, |

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|  |  | jewellery setting, saree draping  and dupatta setting according to traditional & Contemporary looks. |
| **Th- 4**  **Pr- 64** | • Selection of implements  • Practice in different types of traditional hair styling techniques:-  • Rolls  • Braids  • Interlocks  • Twisting styles  • Practice in different types of hair styling :-  • Thermal styling  • Wet styling  • Roller Setting  • Artificial Aids | Hair Styling  • Types of hairstyling a)Thermal styling b)Wet styling c)Roller Setting d)Artificial Aids  • Thermal Styling  • Blow drying procedure  • Ironing/Crimping procedure  • Tongs procedure  • Wet styling  • Pin curls procedure  • Finger waving procedure  • Roller setting  • Hot rollers  • Velcro  • Benders  • Artificial Aids  • Hair pieces  • Switches  • Accessories (Natural  & Artificial)  • Cleaning & maintaining of artificial aids |
| **Pr- 12** | **Saree & Dupatta Draping**   7 Styles (Bengali, Gujrati, Punjabi, Muslim,  Maharashtrian, Fancy, South  Indian) |  |
| **Pr- 12** |  | **Bindi Designing**   Practice in different types of bindi designs according to :-  **a)** Traditional brides  **b)** Asian brides  **c)** Contemporary brides |

Note :- Sterilization of tools & hand sanitization should be practised in each practical.

**Tools & equipments lists**

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| **S.no** | **Name of item** | **Quantity** |
| 1 | Make-up chairs | 10 Nos. |
| 2 | Mirror panels with makeup lights | 10 Nos. |
| 3 | Back view mirrors | 10 Nos. |
|  | **Personal Kits** |  |
| 1 | Make-up brush set | 1 No. |
| 2 | Mixing pallet | 1 No. |
| 3 | Eyelash curlers | 1 No. |
| 4 | Small manicure scissors | 1 No. |
| 5 | Tweezers | 1 No. |
|  | Products: |  |
|  | Different formats of Base , Eye Makeup  & Lip Makeup. |  |

Note: Above mentioned items/Area are for a batch of 20 trainees, in case VTPs are intend to start with the batch 10 trainees the requirements would be reduced accordingly.